## STUDENT COUNCELLING CELL

The Student Counselling Cell works for helping students reach their highest academic and personal potential. The young students now a days go through a tough ordeal to excel in every field. At the same time there may be family and societal issues that trouble them. As a result many of them suffer from anxiety and stress. Most often these emotions lead to depression or a kind of mental unrest. It is observed that these students need help to understand themselves and the issues that trouble them. Faculty members are available for counselling sessions for these students. Theses counsellors help them to overcome their problems and boost up their confidence.